



THRUPP PRIMARY SCHOOL PSHE CURRICULUM - YEAR A 2023-2024

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6 (Glos RSE Scheme taught in year groups)
Kestrels (YR/Y1)	<u>Me and My Relationships</u> Reception: All about me What makes me special My Feelings Year 1: Why we have classroom rules Our feelings Feelings and bodies	<u>Valuing Difference</u> Reception: Same and different families Same and different homes Kind and Caring Year 1: Same or different? Unkind, tease of bully? Harold's school rules	<u>Keeping Myself Safe</u> Reception: What's safe to go onto my body Keeping myself safe- medicines People who help keep me safe Year 1: Healthy me Super sleep Who can help? (1)	<u>Rights and Responsibilities</u> Reception: Being helpful at home and caring for our classroom Looking after money Year 1: Harold's wash and brush up Harold's money How should we look after our money?	<u>Being My Best</u> Reception: Bouncing back when things go wrong Yes, I can! Year 1: Harold learns to ride his bike Pass on the praise! Harold has a bad day	<u>Growing and Changing</u> Reception: Responsibility Growing Up People Who Help Us Keeping Ourselves Clean Year 1 Changes – Life Cycles; Changes – Human Life Cycle Being Unique Personal Hygiene <i>Keeping privates private (SCARF lesson)</i>
Hawks (Y1/Y2)	<u>Me and My Relationships</u> Year 1: Why we have classroom rules Our feelings Feelings and bodies Year 2: Our ideal classroom (1) How are you feeling today? Let's all be happy	<u>Valuing Difference</u> Year 1: Same or different? Unkind, tease of bully? Harold's school rules Year 2: What makes us who we are? My special people How do we make others feel?	<u>Keeping myself safe</u> Year 1: Healthy me Super sleep Who can help? (1) Year 2: Harold's picnic How safe would you feel? What should Harold say?	<u>Rights and responsibilities</u> Year 1: Harold's wash and brush up Harold's money How should we look after our money? Year 2: Getting on with others When I feel like erupting Feeling safe	<u>Being the best</u> Year 1: Harold learns to ride his bike Pass on the praise! Harold has a bad day Year 2: You can do it! My day Harold's postcard (clean and healthy)	<u>Growing and changing (RSE)</u> Year 1 Changes – Life Cycles; Changes – Human Life Cycle Being Unique Personal Hygiene <i>Keeping privates private (SCARF lesson)</i> Year 2: Similarities & Differences – Body Parts Where Do Babies Come From? Changes – Physical Changes – Becoming Independent
Buzzards (Y3/Y4)	<u>Me and My Relationships</u> Year 3: As a rule Looking after our special people How can we solve this problem?	<u>Valuing Difference</u> Year 3: Respect and challenge Family and friends My community	<u>Keeping Myself Safe</u> Year 3: Safe or unsafe? Danger or risk? The Risk robot	<u>Rights and Responsibilities</u> Year 3: Helping each other to stay safe Recount task Our helpful volunteers	<u>Being the Best</u> Year 3: Derek cooks dinner! (healthy eating) Poorly Harold Body team work	<u>Growing and changing</u> Year 3: Similarities & Differences – Reproductive Organs Types of Love

	Year 4: Human machines Ok or not ok? (part 1) Ok or not ok? (part 2)	Year 4: Can you sort it? What would I do? The people we share our world with	Year 4: Danger, risk or hazard? How dare you! Keeping ourselves safe	Year 4: Who helps us stay healthy and safe? It's your right How do we make a difference?	Year 4: What makes me ME! Making choices SCARF hotel	Personal Hygiene – Hand Washing Personal Hygiene – Infection Year 4: Changes – Lifecycle Changes – Responsibility Personal Hygiene – Antibiotics Challenging Stereotypes
Eagles (Y4/Y5)	<u>Me and my relationships</u> Year 4: Human machines Ok or not ok? (part 1) Ok or not ok? (part 2) Year 5: Collaboration Challenge! Give and take How good a friend are you?	<u>Valuing Difference</u> Year 4: Can you sort it? What would I do? The people we share our world with Year 5: Qualities of friendship Kind conversations Happy being me	<u>Keeping Myself Safe</u> Year 4: Danger, risk or hazard? How dare you! Keeping ourselves safe Year 5: Spot bullying Play, like, share Decision dilemmas	<u>Rights and Respect</u> Year 4: Who helps us stay healthy and safe? It's your right How do we make a difference? Year 5: What's the story? Fact or opinion? Mo makes a difference.	<u>Being My Best</u> Year 4: What makes me ME! Making choices SCARF hotel Year 5: It all adds up! Different skills My school community (2)	<u>Growing and Changing</u> Year 4: Changes – Lifecycle Changes – Responsibility Personal Hygiene – Antibiotics Challenging Stereotypes Year 5: Changes – Physical Changes – Emotional Personal Hygiene – Keeping Clean Genetic Inheritance
Owls (Y6)	<u>Me and my relationships</u> Working together Solve the friendship problem Behave yourself Assertiveness skills Don't force me Acting appropriately	<u>Valuing Difference</u> OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships	<u>Keeping Myself Safe</u> Think before you click! To share or not to share? Rat Park What sort of drug is...? Drugs: it's the law!	<u>Rights and Respect</u> Two sides to every story Facebook friends What's it worth? Happy shoppers – caring for the environment Democracy in Britain 1 – Elections	<u>Being My Best</u> This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid, including Sepsis Awareness Five Ways to Wellbeing project	<u>Growing and Changing</u> Changes – Physical Changes – Emotional Life Cycle – Sexual Intercourse Relationships Birth and a New Baby <i>I look great!</i> <i>Media manipulation</i> <i>Pressure online</i> <i>Helpful or unhelpful?</i> <i>(SCARF lessons)</i>