



THRUPP PRIMARY SCHOOL PSHE CURRICULUM - YEAR B 2024-2025

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6 (Glos RSE Scheme taught in year groups)
Kestrels (YR/Y1)	<u>Me and my relationships</u> Reception: Me and my special people My feelings Year 1: Thinking about feelings Our special people balloons Good friends How are you listening?	<u>Valuing Difference</u> Reception: I'm special, you're special Kind and caring Year 1: Who are our special people? It's not fair!	<u>Keeping myself safe</u> Reception: Safe indoors and outdoors Listening to my feelings Year 1: Harold loses Geoffrey What could Harold do? Good or bad touches?	<u>Rights and responsibilities</u> Reception: Looking after my friends Caring for our world Year 1: Around and about the school Taking care of something Basic first aid	<u>Being the best</u> Reception: Healthy eating 1 + 2 Move your body A good nights sleep Year 1: I can eat a rainbow Eat well Catch it! Bin it! Kill it!	<u>Growing and Changing</u> Reception: Responsibility Growing Up People Who Help Us Keeping Ourselves Clean Year 1 Changes – Life Cycles; Changes – Human Life Cycle Being Unique Personal Hygiene <i>Keeping privates private (SCARF lesson)</i>
Hawks (Y1/Y2)	<u>Me and My Relationships</u> Year 1: Thinking about feelings Our special people balloons Good friends How are you listening? Year 2: Being a good friend Types of bullying Don't do that	<u>Valuing Difference</u> Year 1: Who are our special people? It's not fair! Year 2: When someone is feeling left out An act of kindness Solve the problem	<u>Keeping myself safe</u> Year 1: Harold loses Geoffrey What could Harold do? Good or bad touches? Year 2: I don't like that. Fun or not Should I tell?	<u>Rights and responsibilities</u> Year 1: Around and about the school Taking care of something Basic first aid Year 2: Playing games Harold saves for something special How can we look after our environment?	<u>Being the best</u> Year 1: I can eat a rainbow Eat well Catch it! Bin it! Kill it! Year 2: Harold's bathroom What does my body do? Basic first aid	<u>Growing and changing (RSE)</u> Year 1 Changes – Life Cycles; Changes – Human Life Cycle Being Unique Personal Hygiene <i>Keeping privates private (SCARF lesson)</i> Year 2: Similarities & Differences – Body Parts Where Do Babies Come From? Changes – Physical Changes – Becoming Independent
Buzzards (Y3/Y4)	<u>Me and My Relationships</u> Year 3: Friends are special Thunks Dan's dare	<u>Valuing Difference</u> Year 3: Our friends and neighbours Let's celebrate our differences Zeb	<u>Keeping Myself Safe</u> Year 3: Super Searcher Help or harm? Alcohol and cigarettes: the facts	<u>Rights and Responsibilities</u> Year 3: Can Harold afford it? Earning money	<u>Being the Best</u> Year 3: For or against? I am fantastic! Top talents Year 4: Harold's Seven Rs	<u>Growing and changing</u> Year 3: Similarities & Differences – Reproductive Organs Types of Love

	Year 4: An email from Harold! Different feelings Under pressure	Year 4: That is such a stereotype! Friend or acquaintance? Islands	Year 4: Raisin challenge (2) Picture wise Medicines: check the label	Harold's environment project Year 4: In the news! Safety in numbers Why pay taxes?	My school community (1) Basic first aid	Personal Hygiene – Hand Washing Personal Hygiene – Infection Year 4: Changes – Lifecycle Changes – Responsibility Personal Hygiene – Antibiotics Challenging Stereotypes <i>Secret or Surprise? Together (SCARF lessons)</i>
Eagles (Y4/Y5)	<u>Me and My Relationships</u> Year 4: An email from Harold! Different feelings Under pressure Year 5: Relationship cake recipe Our emotional needs Being assertive	<u>Valuing Differences</u> Year 4: That is such a stereotype! Friend or acquaintance? Islands Year 5: The land of the Red People Is it true? Stop, start, stereotypes	<u>Keeping Myself Safe</u> Year 4: Raisin challenge (2) Picture wise Medicines: check the label Year 5: Ella;s diary dilemma Vaping: healthy or unhealthy? Would you risk it?	<u>Rights and Responsibilities</u> Year 4: In the news! Safety in numbers Why pay taxes? Year 5: Rights, respect and duties Spending wisely Lend us a fiver!	<u>Being my Best</u> Year 4: Harold's Seven Rs My school community (1) Basic first aid Year 5: Independence and responsibility Star qualities? Basic first aid, including Sepsis Awareness	<u>Growing and Changing</u> Year 4: Changes – Lifecycle Changes – Responsibility Personal Hygiene – Antibiotics Challenging Stereotypes <i>Secret or Surprise? Together (SCARF lessons)</i> Year 5: Changes – Physical Changes – Emotional Personal Hygiene – Keeping Clean Genetic Inheritance
Owls (Y6)	<u>Me and my relationships</u> Working together Solve the friendship problem Behave yourself Assertiveness skills Don't force me Acting appropriately	<u>Valuing Difference</u> OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships	<u>Keeping Myself Safe</u> Think before you click! To share or not to share? Rat Park What sort of drug is...? Drugs: it's the law!	<u>Rights and Respect</u> Two sides to every story Fakebook friends What's it worth? Happy shoppers – caring for the environment Democracy in Britain 1 – Elections	<u>Being My Best</u> This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid, including Sepsis Awareness Five Ways to Wellbeing project	<u>Growing and Changing</u> Changes – Physical Changes – Emotional Life Cycle – Sexual Intercourse Relationships Birth and a New Baby <i>I look great! Media manipulation Pressure online Helpful or unhelpful? (SCARF lessons)</i>