



THRUPP PRIMARY SCHOOL PE CURRICULUM - YEAR A 2023-2024 and YEAR B 2024-2025

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Kestrels	Principles of Play (Reception) Gymnastics (Reception)	Dance: Year A - Magic Year B – Going on a Bear Hunt FUNdamentals of Movement (Reception)	Gymnastics (Y1) Multi-Skills (KS1)	Healthy Heart (KS1) Dance: Year A - D2S Space Year B – Transport D2S	Y1 Forest School/ EYFS Bike Session Gymnastics (Balance & Shape on large Apparatus)	EYFS Forest School/Y1 Bikes Athletics (Y1)
Hawks	Principles of Play (Y2) Dance: Year A – Animals (D2S)/ Funny Bones (SS) Year B - Toys D2S	Gymnastics (Y1) FUNdamentals of Movement (Y2)	Dance: Year A – Fire of London (D2S OR SS) Year B - Superhero's Multi-Sport (Y2)	Y2 Forest School/Y1 Ball Skills Gymnastics (Y2)	Dodgeball (KS1) Orienteering	Athletics (Y2) Shonkball
Buzzards	Dance: Year A – Greece (D2S OR SS) Year B - Stone Age (SS) Principles of Play (KS2)	Y3 Swimming/Y4 Gym (Y3/4) Y3 Forest School/Y4 Ball Skills	Y3 Swimming/Y4 Frisbee Golf Forest School Y4/Y3 Gym (Y3/4)	Dance: Year A – Rock 'n' Roll (SS) Year B – Anglo-Saxon (BBC Teach) Tennis (KS2)	Cricket (KS2) Healthy Heart (Y3/4)	Athletics (Y3/4) Handball (KS2)
Eagles	Y5 Forest School/Y4 Gym (Y5/6) Principles of Play (KS2)	Dance: Year A – Vikings D2S or Vikings SS Year B – Country Dancing Netball (KS2)	Y4 Forest School/Y5 Gym (VS Bridges & Flight unit U) Tag Rugby (KS2)	Dance: Year A – Victorians D2S or Stroud Wool SS Year B – Rivers or Spirit of the Forest (SS) Hockey (KS2)	Lacrosse (KS2) Healthy Heart (Y5/6)	Athletics (Y5/6) Cricket (KS2)

Owls	Gym (Y5/6) Netball (KS2) Outdoor Adventurous	Dance: Year A – Around the World D2S Year B – WW1 D2S or SS Tag Rugby (KS2)	Gym (VS Matching & mirroring. Synchronisation & Canon unit X/Y) Hockey (KS2)	Dance: Year A – Haka D2S Year B – Through the Ages D2S Tennis (KS2) Orienteering (KS2)	Cricket (KS2) Ultimate Frisbee (KS2)	Athletics (Y5/6) Forest School
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Key- D2S – Dance to Schools

SS – Sarah Shaw (Orange folder in staff room)

VS – Val Sabine Gymnastics (Folder in staff room)