

Useful Sources of Support

Allsorts

Allsorts is a Stroud-based charity supporting families with a child or children who have additional needs. No diagnosis is needed. They provide family trips, sports and fitness, parent/carer support, a positive and caring community, fun and friendship. Their vision is for children and young people with additional needs to have a choice of meaningful and accessible opportunities and for their whole families to feel supported and included. They also offer wrap around support, knowledge and understanding for many things eg SALT, completing EHCPs, interoception.

<https://allsortsglos.org.uk>

Parent Carer Forum

This charity helps support parents who do not have a diagnosis for their child. There are peer support sessions and regular parent advice sessions. Gloucestershire Parent Carer Forum is a voice for those with lived experience of being a Parent Carer (this means parents and/or carers of children with any disability, SEN, condition, impairment or additional need). They aim to create a bridge to the providers of statutory services to help build better services for all families of disabled children in Gloucestershire.

<https://glosparentcarerforum.org.uk>

The Spring Centre

Based in Quedgeley, Gloucester, The Spring Centre provides a wide range of services in a warm and welcoming atmosphere. In effective partnership with families and supporters, it offers new experiences and challenges to help people with disabilities reach their full potential and lead more independent lives. At present it offers among many things Tuesday and Thursday morning sessions, sensory rooms, a playground, themed sessions etc. No diagnosis is required and there is a nominal fee to attend.

<https://www.springcentre.org>