



Thrupp Primary School Newsletter

February 2026

Dear Parents

I hope that you had a good break last week and managed to enjoy some family time. It is lovely to be having increased sunlight this last week or so. Spring is definitely in the air with the birds singing, days longer, warmer and dare I say dryer! Our planters around school look beautiful, thank you Anna for your care and love, we really appreciate this.

Term has started well with the children launching into their topics. There is a lovely busy buzz around school. Please remember that if you want to talk to staff feel free to email them via their class emails: EG: buzzards@thrupp.gloucs.sch.uk or pass a message on at the gate at the start of the day. The relationship that we have with you is crucial and we want to ensure communication channels are always open.

myHappymind

This term we have begun the third *myHappymind* module: **Appreciate**. In this chapter, the children will be understanding the power of gratitude and recognising the positives in themselves and others. Through stories, discussions and simple daily practices, the children will explore how appreciating the good things—big or small—supports their wellbeing, strengthens friendships and builds a more positive classroom environment. They will also be learning how showing appreciation boosts the brain's 'happy chemicals', helping them feel calmer, more connected and more confident. I have purchased a number of myHappymind books which are in the office. If you have not yet had chance to flick through these I highly recommend that you borrow one. Don't forget the parent app too.

Mental Health Week

We at Thrupp celebrated National Mental Health Week, the week before we broke up. The children started by wearing something yellow to recognise and celebrate differences and how it is ok to have both positive and negative feelings. Through the week, at age appropriate stages, the children explored what mental health is, how it impacts our daily lives (both positive and negative) and how we can ask for support if we are feeling that we are struggling. We came together on the Friday and each class celebrated some of their learning. We had amazing island illustrations showing where we feel happy, acrostic poems, how we can turn a negative into a positive and our key stage 1 choir treated us to a song all about 'Being Stronger Together.' Please continue to talk to your children about mental health / well-being as we want this to be a topic that we talk about, not shy away from.

Uniform

Thank you for helping adhere to our school uniform. The children have come back looking smart. With this mixed weather please ensure coats are still sent in so if there is a change during the day these are available as we do try and go outside for play rain or shine.

World Book Day at Thrupp

We will be celebrating World Book Day on **Thursday 5th March 2026**, where children can dress up as a book character or their pyjamas if they wish. We are also running our 'Go All In' Reading challenge for pupils to show how they 'go all in' for reading by creating a piece of art (e.g. painting, photograph, comic strip, 3D model etc). The focus for this can be interpreted in any way they choose, for example:

- Reading in a strange or unusual place
- A special or cosy reading spot
- How their hobbies and interests are linked to what they enjoy reading
- Their favourite books or authors
- Any creative way they show their love of reading

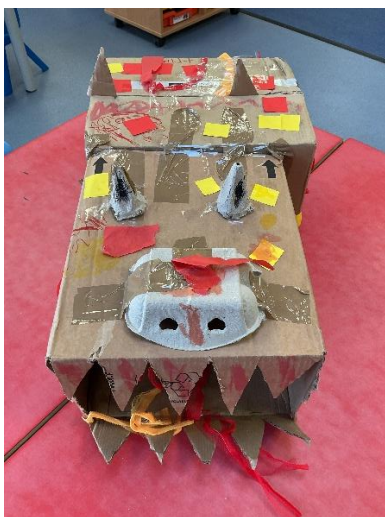
Please email entries to the office or bring in to school as soon as possible. The deadline for challenge entries is Wednesday 4th March 2026, so that we can share and celebrate the children's contributions on World Book Day.

Swimming Celebrations

Our pupils have now completed their swimming lessons for the year, and we are incredibly proud of the progress they have made. We are fortunate to have so many pupils confident in the water, some pupils are now able to swim a full length of the pool using front crawl, breaststroke and backstroke — an impressive achievement! A huge thank you to all the parents who volunteered their time, we simply would not be able to provide swimming lessons without your help. Please note that Buzzards PE lessons will now take place in school on Mondays and Wednesdays.

Chinese New Year

On Tuesday this week, Fledglings joined the reception children from Kestrels class for a free-flow session to learn about and celebrate Chinese New Year. They had a wonderful morning exploring with noodles and chopsticks, creating Chinese lanterns, musical shakers and even a large dragon head (using the junk modelling) which they then used to parade around school wishing all of the children and staff happiness and good fortune. They made red envelopes, containing chocolate coins, which they hand delivered to each of the classes. It was a wonderful way to start their new term together and the children enjoyed sharing their toys and playing with new friends.



Donna Mylechreest



Doing Our Best To Be Our Best