

## Thrupp Primary School Sports Newsletter

Issue #5 – January 2026

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### Dear Parents, Carers and Pupils,

Happy New Year and welcome to our **January Sports Newsletter**! We hope you all had a restful break and are ready for an exciting new term of sport and physical activity at Thrupp Primary School. A bit of a request from myself to start this month. We currently have two netball clubs running, one for Y3/4 and one for Y5/6. When we go to the tournaments we need to have a certain number of girls on the court at a time. As it stands, we are currently missing a few girls from both age groups. So, if I could encourage some of our KS2 girls to join these clubs that would be fantastic.

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### Savate Workshop:

On Wednesday 7<sup>th</sup> January, we welcomed Alain to Thrupp. Alain is a Savate master (French Boxing). He gave each class a 1hr workshop, teaching the children some of the terms and lots of the techniques to the martial art. It was great to see the children so enthused to learn a new sport. A huge thankyou to Alain for a truly fantastic day of martial arts.



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### Atlas Walking Bus

Our walking bus is a big part of our aim to be a healthy school. It also helps with traffic on the lane and gives the children the opportunity for some lovely social interactions before getting to school which can help with those who struggle with the mornings sometimes. The Atlas staff that run the bus are super-friendly and also help the children relax before arriving at school. The walking bus brings many benefits but we only continue to run it if we have enough children on it. Please help us to keep it running by supporting the walking bus!

### ⚽ Girls Football Workshop ⚽

On a rather wet Thursday morning, all of our KS2 girls had the opportunity to take part in a girl's football workshop here at Thrupp. Oli from Atlas, ran a fun, skill-based session to give our girls the confidence to play the game. Again, it's lovely to see children trying new sports in a safe space with smiles on their faces. A huge thank you to Oli, who is definitely becoming a firm favourite here at Thrupp.



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### 🏃 Race Orienteering 🏃

On Friday 16<sup>th</sup> January, Mrs Skeats took a team of Y4/5s to Stratford Park to take part in our first Race orienteering event. Atlas ran the event and gave the children maps and certain points to find around the course. The teams were timed and the quickest three teams took home the medals. Our team worked well as a team and managed to come home in 3<sup>rd</sup> place. A huge achievement for our first attempt. "Only 30 seconds off Silver!!" Will confidently informed me! Go team!!



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### **Coming Up:**

February 11<sup>th</sup> – Y3/4 Gymnastics Festival.

February 27<sup>th</sup> – Y5/6 Thomas Keble Sports Hall Athletics

We will be introducing a new Intra-Sports competition here at Thrupp between the tree teams.

We are also hoping to arrange some friendly fixtures of football and netball with some of our local primary schools.

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### **In the Spotlight – Iris**

#### **About them-**

*Q: What is your name and how old are you?*

A: I am Iris and I am in Y4.

*Q: What sports do you play or enjoy watching?*

A: Football

#### **Getting into sport-**

*Q: How did you first get into sport?*

A: I played with my brother and then decided I wanted to play.

*Q: Who inspired you to start playing?*

A: My brother.

#### **Favourite things-**

*Q: What is your favourite thing about this sport?*

A: I like the running.

*Q: Do you have a favourite team or athlete? Why do you like them?*

A: Alisson is a really good goalie.

#### **Training & Skills-**

*Q: Which skill are you most proud of in your sport?*

A: Tackling.

*Q: Which skill are you working hard to improve right now?*

A: Dribbling.

*Q: Do you have any special routines or warm-up moves you like to do before playing?*

A: I like to dribble with the ball before playing.

#### **Memorable Moments-**

*Q: What's the best sporting moment you've had so far?*

A: Winning supporters' player of the match.

*Q: Have you ever faced a challenge in sport? How did you overcome it?*

A: At first, I was scared of the ball, then I became a goalie and overcame it.



### Fun & Personal-

*Q: If you could invent a new sport, what would it be like?*

A: A game where you can kick and use your hands.

*Q: What's your go to snack after training or a match?*

A: Chocolate.

### Looking ahead-

*Q: If you could give advice to someone starting a sport, what would you say?*

A: To focus on passing.



### PE Days Reminder

Please make sure children come to school in PE kit on their designated PE days:

- **Kestrels:** Fridays
- **Hawks:** Thursdays and Fridays
- **Buzzards:** Mondays (Swimming) and Wednesday
- **Eagles:** Wednesdays and Fridays (Forest School)
- **Owls:** Mondays and Thursdays



### Spring Term Sports Clubs

Our Spring term clubs began on the week beginning the 19<sup>th</sup> January and as follows:

Mondays – Y3/4 Netball with Mrs Mylechreest

Mondays – Y4/5/6 Girls Football with Mr Bird

Thursdays – Y5/6 Netball with Mr Muskett

Thursdays – Y4/5/6 Sewing with Mrs Catt

Thursdays – Y1/2 Choir with Miss Payne

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## ✿ Sporting Achievements Outside of School

At Thrupp, we love to celebrate all the ways our children stay active and engaged with sport – both in and out of school. A huge well done to everyone who's been taking part in clubs, matches, and competitions!

### Isla & Darcy

These two smiley girls took part in the annual Ambitions Dance Competition and took home the silverware!! The trophies were for both street and contemporary dance! A fantastic achievement! I'm sure Mr Muskett has taught you all of his moves!!



### Matthew

We are super proud of all our swimmers here at Thrupp and love hearing about their successes in the pool. Matthew has obviously been working hard in his sessions and has recently completed level 7! He has told me how determined he is to complete all the levels. Love that, Matthew! Keep on swimming!



## **Betsy**

One of our Lionesses, Betsy, has been working hard at Rodborough and the hard work is clearly paying off with her latest haul of trophies. These are for supporter's player of the game and then some for trainer of the week. So proud of all that hard work Bets! Keep pushing!



If your child has a sporting success you'd like to share, please let us know so we can include it in the next newsletter!

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## **★ Sports Star of the Month**

This month, the award goes to Ayrton. He has been spotted in PE sessions this month by the staff in Eagles. His enthusiasm and resilience have been noticed in the hockey sessions. He is much more confident now and is pushing himself to get better. Go Ayrton!! Keep pushing!



🎄 **Festive Fitness Focus** 'Festive Fitness' heroes are:

**Robin**



A huge thank you for sending me some pictures of you staying active during the Christmas period. Prizes are coming your way!!

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Thanks for reading and keep moving,

**Mr. Bird**

*PE Lead – Thrupp Primary School*

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